

St.Francis Xavier's College

2017-2018

Physical Education

Course Outline

Form Two

Term One

	Topic / Main Theme
1	Body Measurement
2	Athletics
3	Fitness
4	Basketball

Mode of assessment and weighting

Method of Assessment	Athletics (Practical /Skill Assessment)	Fitness Test	Basketball
Weighting	50%	25%	25%

Term Two

	Topic / Main Theme
1	Hockey
2	Volleyball
3	Football
4	Badminton / Swimming
5	Fitness / Handball

Mode of assessment and weighting

Method of Assessment	Hockey	Volleyball	Fitness/ Handball	Football	Badminton / Swimming
Weighting	20%	20%	20%	20%	20%