

**St.Francis Xavier's College**

**2016-2017**

**Physical Education**

**Course Outline**

**Form Two**

**Term One**

	<b>Topic / Main Theme</b>
1	Body Measurement
2	Athletics
3	Fitness
4	Basketball

**Mode of assessment and weighting**

Method of Assessment	Athletics (Practical /Skill Assessment)	Fitness Test	Basketball
Weighting	50%	25%	25%

**Term Two**

	<b>Topic / Main Theme</b>
1	Hockey
2	Volleyball
3	Football
4	Badminton
5	Handball / Fitness

**Mode of assessment and weighting**

Method of Assessment	Hockey	Volleyball	Fitness	Football	Badminton
Weighting	20%	20%	20%	20%	20%